

Reception PE Scheme of Work

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Lesson 1	EYFS Fundamentals 1	EYFS Fundamentals 2	EYFS Games 1	EYFS Games 2	Fundamental Athletics 1	Fundamental Athletics 2 EYFS
Lesson 2	Gymnastics 1	Dance -Toys	Striking and Fielding	Dance –Fairy Tales	Gymnastics 2	Dance – Under the Sea

Year 1 and 2 PE Scheme of Work

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year A Lesson 1	Cornwall Cricket	Cornwall Cricket Multiskills	Go Active Steet surfing ? Dance – Animals	Go Active Archery? Key Stage 1 Games 1	KS1 Athletics 1	KS1 Striking and Fielding
Year A Lesson 2	Dance Dinosaurs	Key Stage 1 Games	Gymnastics – Basic Skills	Gymnastics Travelling with jumping and landing	KS1 Athletics 2	KS 1 Net and Wall
Year B Lesson 1	Key Stage 1 Games 3	Football	Netball	Key Stage 1 Games 4	KS1 Athletics 1	OAA
Year B Lesson 2	Gymnastics – Stretching and Curling	Dance - Celebrations	Gymnastics Direction and Pathways	Dance - Antarctica	KS1 Athletics 2	Cricket

Year 3 and 4 PE Scheme of Work

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year A Lesson 1	Football-Plymouth Argyle	Hockey-Plymouth Argyle	Netball	Dance - Machines	Athletics 3/Swimming /Tennis	Cricket/Swimming /Tennis
Year A Lesson 2	Netball-Plymouth Argyle	Tag Rugby-Plymouth Argyle	Gymnastics-Flight	Football	Athletics 4/Swimming /Tennis	Striking and Fielding/Swimming Tennis
Year B Lesson 1	Dance-Rainforests	Football	Dance-Shake Rock and Roll	Netball	Athletics 3/Swimming Tennis	Alternative Sports/Swimming/Tennis
Year B Lesson 2	Basketball	Gymnastics-Asymmetry/Symmetry	Netball	OAA	Athletics 4 Swimming/Tennis	Tennis/Swimming

Year 5 and 6 PE Scheme of Work

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year A Lesson 1	Netball-Plymouth Argyle	Football /Fitness circuits-Plymouth Argyle	Plymouth Argyle TBA	Gymnastics – Partner sequences 2	Athletics 5 Swimming Tennis	Striking and Fielding Swimming Tennis
Year A Lesson 2	Hockey-Plymouth Argyle	Tag Rugby	Plymouth Argyle TBA	Tri Golf	Athletics 6 Swimming Tennis	Cricket Swimming Tennis
Year B Lesson 1	Basketball	Football	Handball/Badmington	OAA	Athletics 5 Swimming Tennis	Cricket Swimming Tennis
Year B Lesson 2	Netball	Dance-Communication-India	Gymnastics-Counter balance	Fencing	Athletics 6 Swimming Tennis	Rounders Swimming Tennis