



Arena PE Long Term Overview

| Term | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|----------------------------|--|---|--|---------------------------------|--|--|
| Ash Class | Leap in to Life Program & Yoga Autumn Term | | | | | |
| Beech Y1/2 Year A | KS1 Games Yoga | KS1 Games Football Yoga | KS1 Games Netball Gymnastics Basic Skills | Net and Wall Dance Dinosaurs | Striking and Fielding Cricket OAA | Striking and Fielding Rounders Athletics |
| Beech Y1/2 Year B | KS1 Games Yoga | KS1 Games Basketball Yoga | KS1 Games Hockey Gymnastics Stretching and Curling | Net and Wall Dance Animals | Striking and Fielding Cricket OAA | Striking and Fielding Rounders Athletics |
| Sycamore Y3/4 Year A | Invasion Games: Tag Rugby Swimming | Invasions Games: Bas- ketball Gym: Flight | Yoga Dance: Shake Rock and Roll | Net/Wall: Tennis Yoga | Striking/Fielding Cricket OAA | Striking/Fielding Rounders Athletics |
| Sycamore Y3/4 Year B | Invasion Hockey Swimming | Football Gym: Asymmetrical | Dance: Machines Yoga | Net/Wall: Tennis Yoga | Striking/Fielding Cricket OAA | Striking/Fielding Rounders Athletics |
| Oak Y5/6 Year A | Invasion Games: Hock- ey Swimming | Invasion Games: Tag Rugby Gym | Dance Yoga | Net/Wall: Tennis Yoga | Striking & Fielding: Crick- et Athletics | Striking & Fielding: Rounders OAA |
| Oak Y5/6 Year B | Invasion Games: Net- ball Swimming | Invasion Games: Bas- ketball Gym | Yoga Dance | Net/Wall: Tennis Yoga | Athletics Striking & Fielding: Crick- et | Athletics OAA |