THREE WEEK MENU SPRING/SUMMER 2022





WEEK 1 MENU		W/C: 18/4 9/5 20/6 11/07 12/9 3/10				© Chartwells So much more than fantastic food	
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
22	Hot Main Dish	Burrito ♥♥ A soft wrap filled with lightly spiced veggies and rice	Chicken pie	Roast Chicken with Roast Potatoes and Gravy Succulent roast chicken with fluffy roasties and tasty gravy	Beef Bolognese∜ৠ A classic Italian beef Bolognese in a yummy tomato sauce	Golden Fish Fingers and Chips Crispy fish fingers and scrummy chips	
IER 20	Alternative Dish	Cheese and tomato pizza	Macaroni cheese 🛭 👹 🛇	Sweet Potato and Chickpea Roas® with Roast Potatoes and Gravy A chunky sweet potato and chickpea roast	Veggie Balls In Tomat Applied Solution With Pasta	Quorn Dippers and Chips Crispy Quorn nuggets with their fave sauce – ketchup	
NN	Third Choice	Jacket Potato with Salmon Mayonnaise	Jacket Potato with Salmon Mayonnaise	Jacket Potato with Salmon Mayonnaise	Jacket Potato with Salmon Mayonnaise	Jacket Potato with Salmon Mayonnaise	
NG/S	Salads	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucymber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	•
PRI	Jacket Potato	Jacket Potato 🔍 👾 with a choice of fillings	Jacket Potato 🔍 🐲 with a choice of fillings	⊘ ≉	Jacket Potato with a choice of fillings	Jacket Potato 💙 🗰 with a choice of fillings	200
И	Pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	
	Vegetables	Green Beans and Sweetcorn	Peas and Broccoli	Carrots and Cabbage	Broccoli and Sweetcorn	Baked Beans and Peas	
	Desserts	Raspberry Ripple Ice-Cream	Secret Brownie	Shortboad Biscuit with Fruit Slices	Banana and Apricot Flapjack with Fruit Slices	Orange, Sultana and Carrot Slice	

	EEK 2 ENU	W/C: 25/4 16/5 6/6 27/6 18	3/7 19/9 10/10	Ø		Cha So much mo	rtwells re than fantastic food
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
N	Hot Main Dish	Veggie Bolognese ♥ ₩ ॐ Penne pasta in a yummy tomato sauce	Allegra Asian Sticky Noodles Chicken and vegetables in sweet sauce with noodles	Roast Turkey with Roast Potatoes and Gravy Succulent roast turkey with fluffy roasties and tasty gravy	Beef Lasagne with a Garlic & Herb Bread Wedge 👹	Battered Fish Fillet and Chips Crispy battered fish and scrummy chips	
R 2022	Alternative Dish	Cheese and Tomato Pizza 🤍 👾 Cheesy tomato topped pizza slice	Vegetable lasagne 🤎 💟	Creamy Vegetable Pie 🕥 with Roast Potatoes and Gravy Creamy vegetable pie with a cheesy shortcrust topper	Mild Chickpea and Potato Curry Served with wholemeal rice	Tomato Veggie Burger	6
WW	Salads	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	
S	Jacket Potato	Jacket Potato With a choice of fillings	Jacket Potato 💖 With a choice of fillings	**	Jacket Potato 🥮 With a choice of fillings	Jacket Potato 🐳 With a choice of fillings	
RING/	Pasta	Tomato Pasta ♥ ♥ A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta W A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta W A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta W A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta 🕥 🗰 A delicious fresh, homemade tomato sauce with penne pasta	
SPI	Vegetables	Sweetcorn and Peas	Broccoli and Cauliflower	Carrots and Cabbage	Green Beans and Sweetcorn	Baked Beans and Peas	. 22
	Desserts	Č Flapjack with Fruit Slices	Crange Shortbread with Fruit Slices	Raspberry Yoghurt Cake	Fruity Chocolate Brownie	Vanilla Ice-Cream	•••
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	/EEK 3 /IENU	W/C: 2/5 23/5 13/6 4/7 25/7 5/9 26/9 17/10				© Chartwells So much more than Fantastic Food	
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
SPRING/SUMMER 2022	Hot Main Dish	Cheese and tomato pizza	Sweet and sour chicken	Roast Gammon with Roast Potatoes and Gravy Succulent roast gammon with fluffy roasties and tasty gravy	Beef Meatballs in Tomato Sauce with Pasta	Fish fingers	
	Alternative Dish	Veggie Sausage and Sh with Gravy Fluffy mash with veggie sausages and rich gravy	♥ Macaroni cheese	Quorn Roast	Veggie Lasagne served with a bread wedge Delicious sheets of pasta layered with veggies and tomato sauce	♥ ॐ Soft Taco and Chips A soft taco shell filled with a yummy veggie tomato chilli	
	Salads	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	
	Jacket Potato	Jacket Potato With a choice of fillings	Jacket Potato With a choice of fillings		Jacket Potato With a choice of fillings	Jacket Potato With a choice of fillings	
	Pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	-
	Vegetables	Peas and Carrots	Sweetcorn and Broccoli	Carrots and Cabbage	Green Beans and Sweetcorn	Baked Beans and Peas	• •
30	Desserts	Oatie Biscuit with Fruit Slices	Carrot Cake with Citrus Frosting	Strawbe🎱 Ice Cream 🛛 🍅	Choc 🝁 te Sponge Cake 🍏	Chesse & Biscuits grated cheese Portion	