

		WEEK 3		W/C: 22/03 26/04 17/05 14/06 05/07	
		DAILY FAVES...			
		HOT SPECIALS...			
MONDAY		<p><b>Quorn Bolognese</b> Penne pasta in a yummy tomato and Quorn sauce</p> <p>.....</p> <p><b>Cheese and Tomato Pizza with Dough Balls</b>  Cheesy tomato topped pizza slice</p>			
TUESDAY		<p>Jacket Potato  with a choice of fillings</p> <p>.....</p> <p>Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta</p>		<p><b>SIDES...</b> Sweetcorn</p> <p><b>PICK A PUD!</b> Creamy Peach Rice Pudding</p>	
WEDNESDAY		<p><b>Sausage and Mash with Gravy</b> Traditional pork sausage and mash with rich gravy</p> <p>.....</p> <p><b>Chinese Veggie Noodles</b> Egg noodles with stir fried vegetables</p>		<p>Peas</p> <p>Apple and Carrot Yoghurt Muffin</p>	
THURSDAY		<p><b>Roast Turkey with Roast Potatoes &amp; Gravy</b> Roast turkey with fluffy roasties and tasty gravy</p> <p>.....</p> <p><b>Country Vegetable Pie</b>  Creamy vegetable pie with a shortcrust topper</p>		<p>Peas</p> <p>Strawberry Ice Cream</p>	
FRIDAY		<p><b>Pasta Bolognese</b>  A classic Italian beef bolognese in a yummy tomato and beef sauce</p> <p>.....</p> <p><b>Mild Chickpea &amp; Potato Curry with Rice</b>  A tasty chickpea and potato masala</p>		<p>Sweetcorn</p> <p>Chocolate Sponge Cake</p>	
		<p><b>Golden Fish Fingers and Chips</b> A delicious homemade beany burger and scrummy chips</p> <p>.....</p> <p><b>Beany Burger with Chips</b>  A delicious homemade beany burger and scrummy chips</p>		<p>Baked Beans</p> <p>Oaty Cookie with Fruit Slices</p>	



**Food Super Heroes Menu**

YOUR FAVOURITES available every day

OUR NEW MENU! chosen by our parents and children


**£2.32**

**THREE WEEK MENU**  
AUTUMN/WINTER 2020

Chartwells

## HOT SPECIALS...

MONDAY


**Cheese and Tomato Pizza with Dough Balls**    
Cheesy tomato topped pizza slice

**Burrito**   
A soft wrap filled with lightly spiced veggies and rice

TUESDAY

**Chicken Burger with Potato Wedges**

Roast chicken served in a soft bun with lettuce and mayo

**Macaroni Cheese**   
Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce


WEDNESDAY

**Roast Chicken with Roast Potatoes & Gravy**

Succulent roast chicken with fluffy roasties and tasty gravy

**Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy**   
A chunky sweet potato and chickpea roast

THURSDAY

**Pasta Bolognese**   
A classic Italian beef bolognese in a yummy tomato sauce




**Hotdog with Potato Wedges**   
Our favourite veggie hotdog served in a soft sub roll




FRIDAY


**Golden Fish Fingers and Chips**  
Crispy fish fingers with scrummy chips

**Meat-free Nuggets and Chips**   
Crispy Quorn nuggets with their fave sauce - ketchup

## DAILY FAVES...

Jacket Potato  with a choice of fillings  
.....  
Tomato Pasta    
Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato  with a choice of fillings including salmon mayo  
.....  
Tomato Pasta    
Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato  with a choice of fillings  
.....  
Tomato Pasta    
Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato  with a choice of fillings  
.....  
Tomato Pasta    
Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato  with a choice of fillings  
.....  
Tomato Pasta    
Fresh, homemade tomato and basil sauce with penne pasta

## WEEK 1

W/C: 08/03 29/03 03/05  
24/05 21/06 12/07

### SIDES...

Sweetcorn

Peas

Peas

Sweetcorn

Baked Beans

### PICK A PUD!

Brownie

Raspberry Ripple Ice Cream



Banana Oat Bite 

Summer Berry & Peach Oaty Crumble with Custard 

Orange, Sultana and Carrot Slice

MONDAY


## HOT SPECIALS...

**Cheese and Tomato Pizza with Dough Balls**    
Cheesy tomato topped pizza slice


**Sausage and Mash with Gravy**   
Fluffy mash with veggie sausages and rich gravy


**Chicken Tikka Masala with Rice** 

Succulent chicken in a mild creamy sauce

**Macaroni Cheese**   
Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce


**Roast Pork with Roast Potatoes & Gravy**  
Roast pork with fluffy roasties and tasty gravy

**Pastry Slice with Roast Potatoes and Gravy**   
Pumpkin and potatoes wrapped in flaky pastry

**Pasta Bolognese**   
A classic Italian beef Bolognese in a yummy tomato sauce

**Chilli Mac N Cheese**   
A lightly spiced Mac N Cheese

**Southern Fried Chicken Tasters with Chips**  
Lightly seasoned crispy chicken strips and scrummy chips

**Meat-free Taco and Chips**   
A soft taco shell filled with a yummy veggie tomato chilli




TUESDAY




WEDNESDAY




THURSDAY

FRIDAY


## DAILY FAVES...

Jacket Potato  with a choice of fillings  
.....  
Tomato Pasta    
Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato  with a choice of fillings  
.....  
Tomato Pasta    
Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato  with a choice of fillings  
.....  
Tomato Pasta    
Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato  with a choice of fillings  
.....  
Tomato Pasta    
Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato  with a choice of fillings  
.....  
Tomato Pasta    
Fresh, homemade tomato and basil sauce with penne pasta

## WEEK 2

W/C: 15/03 19/04 10/05  
07/06 28/06 19/07

### SIDES...

Sweetcorn

Peas

Peas

Sweetcorn

Baked Beans

### PICK A PUD!

Raspberry Yoghurt Cake

Peach Shortbread Pudding with Custard

Flapjack with Fruit Slices

Fruity Chocolate Cake

Vanilla Ice Cream

 Vegetarian  Oily fish  
 Wholegrain  Fruity!

Water, salad, freshly baked bread, yoghurt & fresh fruit

Available every day!

